

ADDRESS

FATHER GOD, CREATOR OF HEAVEN AND EARTH,
GOD OF ABRAHAM. ISAAC, AND JACOB,
GOD OF ISRAEL,
GOD AND FATHER OF OUR LORD AND SAVIOR JESUS
CHRIST,
TRUE AND LIVING GOD WHO IS FATHER, SON AND
HOLY SPIRIT,
HAVE MERCY AND HEAR OUR PRAYER.

FIRST PRAYERS

O LORD, OPEN OUR LIPS. AND OUR MOUTH SHALL
PROCLAIM YOUR PRAISE.

GLORY TO THE FATHER, AND TO THE SON, AND TO
THE HOLY SPIRIT:
AS IT WAS IN THE BEGINNING, IS NOW, AND WILL BE
FOREVER. AMEN. (HALLELUJAH)

O GOD, MAKE SPEED TO SAVE US.
O LORD, MAKE HASTE TO HELP US.

GLORY TO THE FATHER, AND TO THE SON, AND TO
THE HOLY SPIRIT: AS IT WAS IN THE BEGINNING, IS
NOW, AND WILL BE FOREVER. AMEN. (HALLELUJAH.)

JESUS PRAYER

LORD JESUS CHRIST, SON OF GOD, HAVE MERCY ON
ME (A SINNER).

CONFESSION OF SIN

MOST MERCIFUL GOD,
WE CONFESS THAT WE HAVE SINNED AGAINST YOU
IN THOUGHT, WORD, AND DEED,
BY WHAT WE HAVE DONE, AND BY WHAT WE HAVE
LEFT UNDONE.

WE HAVE NOT LOVED YOU WITH OUR WHOLE
HEART;

WE HAVE NOT LOVED OUR NEIGHBORS AS
OURSELVES.

WE ARE TRULY SORRY AND WE HUMBLY REPENT.

FOR THE SAKE OF YOUR SON JESUS CHRIST, HAVE
MERCY ON US AND FORGIVE US;

THAT WE MAY DELIGHT IN YOUR WILL, AND WALK IN
YOUR WAYS,

TO THE GLORY OF YOUR NAME.

AMEN.

APOSTLES CREED

I BELIEVE IN GOD, THE FATHER ALMIGHTY, CREATOR
OF HEAVEN AND EARTH.

I BELIEVE IN JESUS CHRIST, HIS ONLY SON, OUR
LORD.

HE WAS CONCEIVED BY THE POWER OF THE HOLY
SPIRIT AND BORN OF THE VIRGIN MARY.

HE SUFFERED UNDER PONTIUS PILATE, WAS
CRUCIFIED, DIED, AND WAS BURIED.

HE DESCENDED TO THE DEAD. ON THE THIRD DAY
HE ROSE AGAIN.

HE ASCENDED INTO HEAVEN, AND IS SEATED AT

THE RIGHT HAND OF THE FATHER.
HE WILL COME AGAIN TO JUDGE THE LIVING AND
THE DEAD.
I BELIEVE IN THE HOLY SPIRIT, THE HOLY CHURCH,
THE COMMUNION OF SAINTS,
THE FORGIVENESS OF SINS, THE RESURRECTION OF
THE BODY,
AND THE LIFE EVERLASTING.
AMEN.

JESUS PRAYER

LORD JESUS CHRIST, SON OF GOD, HAVE MERCY ON
ME

PSALM 23

THE LORD IS MY SHEPHERD, I LACK NOTHING.
HE MAKES ME LIE DOWN IN GREEN PASTURES,
HE LEADS ME BESIDE QUIET WATERS
HE REFRESHES MY SOUL.
HE GUIDES ME ALONG THE RIGHT PATHS
FOR HIS NAME'S SAKE.
EVEN THOUGH I WALK
THROUGH THE DARKEST VALLEY,[A]
I WILL FEAR NO EVIL,
FOR YOU ARE WITH ME;
YOUR ROD AND YOUR STAFF,
THEY COMFORT ME.
YOU PREPARE A TABLE BEFORE ME
IN THE PRESENCE OF MY ENEMIES.
YOU ANOINT MY HEAD WITH OIL;
MY CUP OVERFLOWS.

SURELY YOUR GOODNESS AND
LOVE WILL FOLLOW ME
ALL THE DAYS OF MY LIFE,
AND I WILL DWELL IN THE HOUSE OF THE LORD
FOREVER.

PSALM 91, 1-2

WHOEVER DWELLS IN THE SHELTER OF THE MOST
HIGH
WILL REST IN THE SHADOW OF THE ALMIGHTY.
I WILL SAY OF THE LORD,
"HE IS MY REFUGE AND MY FORTRESS,
MY GOD, IN WHOM I TRUST."

PRAYER FOR FAMILY

PSALM 103

PRAISE THE LORD, MY SOUL;
ALL MY INMOST BEING, PRAISE HIS HOLY NAME.
PRAISE THE LORD, MY SOUL,
AND FORGET NOT ALL HIS BENEFITS—
WHO FORGIVES ALL YOUR SINS
AND HEALS ALL YOUR DISEASES,
WHO REDEEMS YOUR LIFE FROM THE PIT
AND CROWNS YOU WITH LOVE AND COMPASSION,
WHO SATISFIES YOUR DESIRES WITH GOOD THINGS
SO THAT YOUR YOUTH IS RENEWED LIKE THE
EAGLE'S.

THE LORDS PRAYER

OUR FATHER WHO ART IN HEAVEN,
HALLOWED BE THY NAME.
THY KINGDOM COME,
THY WILL BE DONE
ON EARTH, AS IT IS IN HEAVEN.
GIVE US THIS DAY OUR DAILY BREAD,
AND FORGIVE US OUR TRESPASSES,
AS WE FORGIVE THOSE WHO TRESPASS AGAINST US,
AND LEAD US NOT INTO TEMPTATION,
BUT DELIVER US FROM EVIL.

AMEN.

JESUS PRAYER

LORD JESUS CHRIST, SON OF GOD, HAVE MERCY ON
ME

PETITION AND INTERCESSION

CONTEMPLATION (SITTING WITH JESUS)

PRAYER TO THE CRUCIFIED CHRIST

LORD JESUS, YOU STRETCHED OUT YOUR ARMS OF
LOVE UPON THE HARD WOOD OF THE CROSS THAT
EVERYONE MIGHT COME WITHIN THE REACH OF
YOUR SAVING EMBRACE; SO CLOTHE US IN YOUR
SPIRIT THAT WE, REACHING FORTH OUR HANDS IN
LOVE, MAY BRING THOSE WHO DO NOT KNOW YOU
TO THE KNOWLEDGE AND LOVE OF YOU; FOR THE

HONOR OF YOUR NAME.
AMEN.

THE BEATITUDES

“BLESSED ARE THE POOR IN SPIRIT,
FOR THEIRS IS THE KINGDOM OF HEAVEN.
BLESSED ARE THOSE WHO MOURN,
FOR THEY WILL BE COMFORTED.
BLESSED ARE THE MEEK,
FOR THEY WILL INHERIT THE EARTH.
BLESSED ARE THOSE WHO HUNGER AND THIRST
FOR RIGHTEOUSNESS,
FOR THEY WILL BE FILLED.
BLESSED ARE THE MERCIFUL,
FOR THEY WILL BE SHOWN MERCY.
BLESSED ARE THE PURE IN HEART,
FOR THEY WILL SEE GOD.
BLESSED ARE THE PEACEMAKERS,
FOR THEY WILL BE CALLED CHILDREN OF GOD.
BLESSED ARE THOSE WHO ARE PERSECUTED
BECAUSE OF RIGHTEOUSNESS,
FOR THEIRS IS THE KINGDOM OF HEAVEN”.

PRAYER FOR PEACE

O GOD, YOU HAVE MADE OF ONE BLOOD ALL THE
PEOPLES OF THE EARTH, AND SENT YOUR BLESSED
SON TO PREACH PEACE TO THOSE WHO ARE FAR
OFF AND TO THOSE WHO ARE NEAR; GRANT THAT
PEOPLE EVERYWHERE MAY SEEK AFTER YOU AND
FIND YOU; BRING THE NATIONS INTO YOUR FOLD;
POUR OUT YOUR SPIRIT UPON ALL FLESH; AND

HASTEN THE COMING OF YOUR KINGDOM;
THROUGH JESUS CHRIST OUR LORD. AMEN.

PRAYER OF ST. FRANCIS

LORD, MAKE ME AN INSTRUMENT OF YOUR PEACE,
WHERE THERE IS HATRED, LET ME SOW LOVE;
WHERE THERE IS INJURY, PARDON;
WHERE THERE IS DOUBT, FAITH;
WHERE THERE IS DESPAIR, HOPE;
WHERE THERE IS DARKNESS, LIGHT;
WHERE THERE IS SADNESS, JOY;
O DIVINE MASTER,
GRANT THAT I MAY NOT SO MUCH SEEK TO BE
CONSOLED, AS TO CONSOLE;
TO BE UNDERSTOOD, AS TO UNDERSTAND;
TO BE LOVED, AS TO LOVE.
FOR IT IS IN GIVING THAT WE RECEIVE.
IT IS IN PARDONING THAT WE ARE PARDONED,
AND IT IS IN DYING THAT WE ARE BORN TO ETERNAL
LIFE.
AMEN.

PRAYER FOR GRACE

LORD GOD, ALMIGHTY AND EVERLASTING FATHER,
YOU HAVE BROUGHT US IN SAFETY TO THIS NEW
DAY: PRESERVE US WITH YOUR MIGHTY POWER,
THAT WE MAY NOT FALL INTO SIN, NOR BE
OVERCOME BY ADVERSITY; AND IN ALL WE DO,
DIRECT US TO THE FULFILLING OF YOUR PURPOSE;
THROUGH JESUS CHRIST OUR LORD. AMEN.

PRAYER OF THANKSGIVING

ALMIGHTY GOD, FATHER OF ALL MERCIES,
WE YOUR UNWORTHY SERVANTS GIVE YOU HUMBLE
THANKS

FOR ALL YOUR GOODNESS AND LOVING KINDNESS
TO US AND ALL WHOM YOU HAVE MADE.
WE BLESS YOU FOR OUR CREATION, PRESERVATION,
AND ALL THE BLESSINGS OF THIS LIFE;
BUT ABOVE ALL FOR YOUR IMMEASURABLE LOVE
IN THE REDEMPTION OF THE WORLD BY OUR LORD
JESUS CHRIST;
FOR THE MEANS OF GRACE, AND FOR THE HOPE OF
GLORY.

AND, WE PRAY, GIVE US SUCH AN AWARENESS OF
YOUR MERCIES,
THAT WITH TRULY THANKFUL HEARTS WE MAY
SHOW FORTH YOUR PRAISE,
NOT ONLY WITH OUR LIPS, BUT IN OUR LIVES,
BY GIVING UP OUR SELVES TO YOUR SERVICE,
AND BY WALKING BEFORE YOU
IN HOLINESS AND RIGHTEOUSNESS ALL OUR DAYS;
THROUGH JESUS CHRIST OUR LORD,
TO WHOM, WITH YOU AND THE HOLY SPIRIT,
BE HONOR AND GLORY THROUGHOUT ALL AGES.
AMEN.

LORD, HAVE MERCY.
CHRIST, HAVE MERCY.
LORD, HAVE MERCY.

CONFESSION OF THE MYSTERY

CHRIST HAS DIED. CHRIST IS RISEN. CHRIST WILL
COME AGAIN.

JESUS PRAYER

LORD JESUS CHRIST, SON OF GOD, HAVE MERCY ON
ME